

SERRA RETREAT REGISTRATION
FEBRUARY 3 - 5, 2012

NAME

ADDRESS

PHONE

EMAIL

_____ SINGLE ROOM \$280 (LIMITED)

_____ DOUBLE ROOM \$230

DO YOU HAVE A SPECIFIC ROOMMATE
PREFERENCE

Mail registration with check payable to
Dr. Hart Weber. You will receive final
confirmation via email.

Registration begins at 5:00 p.m. on Friday 3rd.

Dinner will begin at 5:45 p.m. The evening
program will begin at 7:00 p.m.

The retreat will conclude after lunch on Sunday.

We look forward to being together!

OPPORTUNITIES AT THE RETREAT

- * Meeting other women facing similar situations
- * Sharing life stories
- * Quiet time in the beauty of nature
- * Meaningful praise and worship music
- * Laughter
- * Practical coping strategies
- * Making new friends
- * Experiencing God's presence
- * Wrestling with life questions
- * Learning new spiritual disciplines
- * Refreshing, renewal, growth



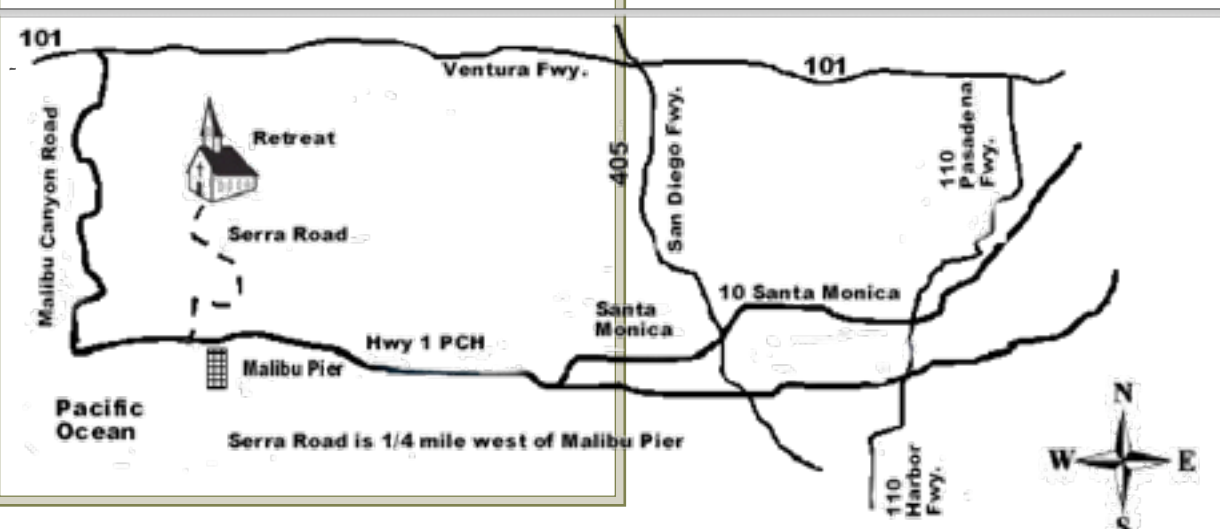
DR. CATHERINE HART WEBER
P. O. BOX 905, SIERRA MADRE, CA 91025
PHONE: 626 260 4462

STRENGTH FOR THE
JOURNEY
RETREAT



FACING LIFE TOGETHER WITH
GOD AND ONE ANOTHER

February 3-5, 2012
Serra Retreat Center
3401 Serra Road
Malibu, CA 90265



WITH GOD AND ONE ANOTHER

Are you longing for more intimacy in your relationship with God? Do you desire more depth and wholeness in your relationships with others?

Are you or is someone you love facing a difficult time in life - with cancer, grief, care-taking of a loved one, divorce, parenting, or chronic illness? Do you feel overwhelmed with the stress of everyday life?

If so, you may want to join other women in "coming away" for a weekend of renewal and sharing of life stories together.

This retreat will be held in the beautiful Malibu mountains, overlooking the Pacific Ocean. There will be opportunities to experience times of quiet reflection as well as to develop new friendships.

The retreat will be led by Dr. Beth Brokaw, Dr. Laura Robinson Harbert and Dr. Catherine Hart Weber, along with other women leaders with gifts in spiritual direction, counseling, and relationship building. The retreat leaders will share poignant as well as humorous stories from their life journeys as a way of encouraging others to connect with one another and with God.



Strength For The Journey Retreat

EVERYONE IS WELCOME

This retreat is open to women of all walks of life functioning in many different roles: leaders, patients, caretakers, students, working mothers, single career women, family homemakers, or retirees. If you or someone you love is facing stress, loss, a difficult disease or cancer, you may find it particularly helpful.

WHAT TO EXPECT

The retreat will include large group presentations on various topics as well as contemplative spiritual exercises, singing, and small group sharing. While people of all faith traditions are welcome, this retreat will focus on how participants can grow in their Christian faith even in the midst of challenges.

PURPOSE

The retreat is created to help each woman find strength, support, and encouragement for her particular life journey. It is our hope that each woman will become increasingly connected with our deeply loving God as well as with a broader "sisterhood" of caring believers.

RETREAT LEADERS

DR. BETH FLETCHER BROKAW is a Christian psychologist and adjunct professor integrating faith and psychology at Biola University. She is a wife and mother of a 19 year old daughter and 15 year old son. She has been battling cancer for 19 years.

DR. LAURA ROBINSON HARBERT is a Christian psychologist in private practice, as well as a Presbyterian minister. Laura enjoys teaching on integrating faith and spiritual growth, leading retreats, and being a wife and mother.



RETREAT FACILITATORS

DR. CATHERINE HART WEBER is a Christian therapist, author, and speaker on integrating faith and psychology. As well as being a wife and mother of two young adult daughters, she has published several books. Her most recent is *Flourish: Discover the Daily Joy of Abundant Vibrant Living*.

DR. JUDY BALSWICK is a therapist, author, and retired professor at Fuller School of Psychology. She enjoys mentoring women and leading retreats.

DR. SYLVIA HART FREJD is a biblical counselor, life and spiritual coach, and speaker. She is a gifted musician, published songwriter, and worship leader.

DR. SUE COOK JOSEPHSON is a clinical psychologist specializing in in-depth work with women. She also speaks at churches on deepening our relationship with God.

LINDA ALLEMAN is a teacher, homeschooler, and mentor of young women. She enjoys creating beauty in lives and homes.

DEBBIE LINAMEN is a leader of women in both business and spiritual spheres of life. She enjoys mentoring and coaching women in spiritual growth as well as home decorating and organizing.

KATHY SCOTT-LEWIS is a Christian therapist, speaker, and retreat leader. She also enjoys leading others in appreciating God within the beauty of nature.

DR. CHERRY STEINMEIER is a clinical psychologist and psychology professor at Biola University. She enjoys teaching spiritual formation to students.

